

PERSONAL AND MEDICAL DATA FORM (Adult)

Name _____ Today's date _____

Date of birth _____ Age _____ Gender _____ Ethnicity _____

Specific reason for today's visit _____

Do you have any of the following concerns?

- Anxiety/ panic/OCD Sleeping problems Alcohol / drug problems
 Depression Dramatic mood swings Anger problems
 Suicidal thoughts Problems focusing Problems functioning
 Eating concerns (i.e. anorexia/ bulimia) Experiencing "unreal" thoughts or having hallucinations

Are you currently taking any psychiatric medication? If yes, please list each med and the dosage:

Have you ever had a bad reaction to a psychiatric medication? If yes, please describe: _____

Any history of: Psychiatric hospitalization Suicide attempt Alcohol/ drug rehabilitation

MEDICAL CONCERNS:

Height: _____ Weight: _____

Indicate which of the following you have experienced or are currently experiencing:

- Heart problems High blood pressure Seizure Major head injury
 Thyroid problems Stomach problems Diabetes Asthma
 Menstrual problems Currently pregnant or breast-feeding

Other Medical Concerns: _____

Are you allergic to any medication? (if yes, please list) _____

Are you taking any medical medications/ herbal/ over the counter medications on a regular basis? If yes, please list each med and the dosage: _____

MEDICAL CARE:

Do you have a regular healthcare provider (i.e. PCP)? _____ Last visit: _____

Last time you had your blood drawn? _____ Results: _____